

COOK OUT RESTAURANT

Complete Menu with Prices 2026

ABOUT COOK OUT

Founded:	1989 in Greensboro, North Carolina
Founder:	Morris Reaves
Current CEO:	Jeremy Reaves
Slogan:	"Always Fresh, Never Frozen"
Locations:	350+ restaurants across 10 Southeastern states
Operating Hours:	10:30 AM - 3:30 AM (Sun-Thu), 10:30 AM - 4:30 AM (Fri-Sat)
Famous For:	Cook Out Trays & 40+ Milkshake Flavors

■ COOK OUT TRAYS (BEST VALUE!)

Choose 1 Main Entrée + 2 Sides + 1 Drink (Upgrade to Milkshake for \$1.00!)

Tray Type	Price	What's Included
Junior Tray	\$6.39	1 Main + 2 Sides + Drink
Regular Tray	\$7.39 - \$7.99	1 Main + 2 Sides + Drink (larger portions)

Main Entrée Options for Trays:

- Hamburger (any style) • Char-Grilled Chicken Breast
- BBQ Sandwich • Chicken Strips (4pc)
- Hot Dog (any style) • Spicy Chicken Sandwich
- Quesadilla • Chicken Wrap

Side Options (Choose 2 or Double Up!):

- French Fries (300 cal) • Cajun Fries (390 cal) - HIGHLY RECOMMENDED!
- Onion Rings (450 cal) • Hushpuppies - CUSTOMER FAVORITE!
- Cheese Fries • Jalapeño Cheese Fries (400 cal)

- Chicken Nuggets • Chicken Quesadilla

■ CHAR-GRILLED HAMBURGERS

Fresh, Never Frozen Beef - Customizable with Your Favorite Toppings!

Burger Style	Description	Price
Regular Burger	Classic hamburger with your choice of toppings	\$2.69
Cheeseburger	Burger with American cheese	\$2.99
Bacon Burger	Burger topped with crispy bacon	\$3.29
Cook Out Style	Chili, slaw, mustard, onions - LOADED!	\$3.99
Out West Style	Bacon, cheese, onions, mustard	\$4.09
Cheddar Style	Cheddar cheese, bacon, grilled onions, mayo	\$4.09
Steak Style	A1 sauce, grilled onions	\$3.89
BBQ Style	BBQ sauce, bacon, cheddar	\$4.09
Big Double Burger	Two 1/4 lb patties with toppings	\$5.99

Customize Your Burger with Extra Toppings:

- **FREE:** Lettuce, Tomato, Pickles, Onions, Mustard, Ketchup, Mayo
- **Extra Charge:** Cheese (\$0.50), Bacon (\$0.79), Chili (\$0.79), Slaw (\$0.50)

■ HOT DOGS

Hot Dog Style	Description	Price
Regular Hot Dog	Classic all-beef hot dog	\$1.25
Corn Dog	Deep-fried cornmeal battered	\$1.25
Chili Dog	Topped with homemade chili	\$1.85
Cook Out Style Dog	Chili, slaw, mustard, onions	\$2.49
Bacon Cheddar Dog	Bacon, cheddar cheese, onions	\$2.49

■ CHICKEN ITEMS

Item	Description	Price
Char-Grilled Chicken Breast	Original style - juicy & grilled	\$4.55
Cajun Chicken Breast	Spicy Cajun seasoning - POPULAR!	\$4.85

BBQ Chicken Breast	BBQ sauce glazed	\$4.75
Cheddar Chicken Breast	Cheddar, bacon, grilled onions	\$4.85
Crispy Spicy Chicken Sandwich	Breaded & spicy	\$4.55
Chicken Strips (4-piece)	Crispy chicken tenders	\$4.75
Chicken Wrap (Ranch)	Crispy chicken, ranch, lettuce	\$4.99
Chicken Wrap (Honey Mustard)	Crispy chicken, honey mustard	\$4.99
Chicken Wrap (Cajun)	Crispy chicken, Cajun seasoning	\$4.99
Chicken Quesadilla	Grilled tortilla with chicken & cheese	\$4.49

■ BBQ PLATES & SANDWICHES

Item	Description	Price
BBQ Sandwich	Pulled pork with slaw on bun	\$3.95
BBQ Plate	Pulled pork, 2 sides, Texas toast	\$4.95
BBQ Tray	BBQ sandwich, 2 sides, drink	\$7.39

■ SIDES (À LA CARTE)

Side Item	Calories	Price
French Fries	300 cal	\$1.99
Cajun Fries	390 cal	\$2.29
Cheese Fries	400 cal	\$2.79
Jalapeño Cheese Fries	400 cal	\$2.99
Onion Rings	450 cal	\$2.49
Hushpuppies (6pc)	180 cal	\$1.79
Chicken Nuggets (5pc)	250 cal	\$2.29
Chicken Quesadilla	380 cal	\$3.09

■ MILKSHAKES - 40+ FLAVORS!

Cook Out's LEGENDARY milkshakes - made with premium ingredients!

Size	Price	Calories
Regular Milkshake	\$3.00 - \$4.00	510 - 900 cal

Classic Flavors (Year-Round):

- Vanilla • Chocolate • Strawberry • Oreo • Oreo Mint
- M&M;'s • Reese's Cup • Snickers • Butterfinger
- Peanut Butter • Peanut Butter Fudge • Caramel Fudge
- Chocolate Chip Mint • Banana • Banana Fudge
- Cheesecake • Chocolate Cherry • Fresh Banana

Seasonal Favorites:

- **Summer:** Watermelon, Peach Cobbler, Lemonade, Banana Pineapple
- **Fall:** Pumpkin Spice, Pumpkin Pie, Apple Pie, Banana Pudding
- **Winter:** Eggnog, Peppermint Chocolate, Caramel Mocha, Hot Chocolate

PRO TIP: Mix any two flavors to create your custom shake!

■ BEVERAGES

Beverage	Size	Price
Fountain Drinks (Coca-Cola products)	Small / Medium / Large	\$1.99 / \$2.19 / \$2.45
Sweet Tea	Small / Medium / Large	\$1.99 / \$2.19 / \$2.45
Unsweet Tea	Small / Medium / Large	\$1.99 / \$2.19 / \$2.45
Lemonade	Small / Medium / Large	\$2.19 / \$2.39 / \$2.59
Cheerwine Float	Regular	\$3.49
Coke Float	Regular	\$3.49
Dasani Bottled Water	20oz	\$2.19

■ DESSERTS

Dessert	Calories	Price
New York Cheesecake	380 cal	\$2.39
Cheerwine Float	320 cal	\$3.49
Coke Float	300 cal	\$3.49

■ VALUE MEAL DEALS

Deal Name	Includes	Price
2 for \$6 StackBurgers	Two quarter-pound burgers with toppings	\$6.00
\$5 Buck Lunch	Entrée, side, drink	\$5.00
Cook Out Tray	Best value - Entrée, 2 sides, drink	\$7.39

■ DIETARY & ALLERGEN INFORMATION

Vegetarian-Friendly Options:

- French Fries, Cajun Fries, Onion Rings, Hushpuppies
- Cheese Quesadilla, Jalapeño Cheese Fries
- All Milkshakes, Floats, Cheesecake

Gluten-Friendly Options Available:

- Hamburger Patty (no bun) with lettuce wrap

- Grilled Chicken Breast (no bun)
- French Fries (check for cross-contamination)

Common Allergens Present:

- Wheat, Soy, Peanuts, Tree Nuts, Milk, Eggs, Fish, Shellfish
- *Note: Cross-contamination possible. Always inform staff of allergies!*

■ CUSTOMER FAVORITES & REVIEWS

Most Popular Items:

1. Cook Out Tray with Cajun Chicken - Best value & flavor combination
2. Hushpuppies - Crispy, golden, cornmeal perfection (MUST TRY!)
3. Cajun Fries - Soft, bendy, incredibly flavorful
4. Oreo Mint Milkshake - Perfect balance of chocolate & refreshing mint
5. Banana Pineapple Milkshake - Tropical & creamy fan favorite

Hidden Gems:

- Cook Out Style Burger - Loaded with chili, slaw, mustard, onions
- Cheese Quesadilla as a side - Huge portion, great value
- Double-up on Hushpuppies - You won't regret it!

Pro Tips from Regulars:

- Always upgrade your tray drink to a milkshake for just \$1
- Mix milkshake flavors - try Oreo + Peanut Butter Fudge
- Late-night cravings? Cook Out is open until 3:30-4:30 AM!
- Best value: Regular Tray with double Cajun fries

What Customers Say:

"Best milkshakes in the South - 40+ flavors and all delicious!"

"Hushpuppies are addictive - crispy outside, fluffy inside"

"Incredible value - where else can you get this much food for under \$8?"

"Cajun fries are unique and flavorful - not your typical fast food fries"

■ ORDERING & PAYMENT OPTIONS

Service	Details
Ordering Methods	Drive-Thru, Walk-Up Window, In-Store
Delivery Partners	Uber Eats, DoorDash, Postmates
Payment Methods	Cash, Credit/Debit Cards, Apple Pay, Google Pay
Mobile App	No official Cook Out app (use delivery partners)
Gift Cards	Available for purchase at locations
Special Requests	Customization available - just ask!

■ SPECIAL FEATURES

- **Late-Night Hours:** Open until 3:30 AM (Sun-Thu) and 4:30 AM (Fri-Sat)
- **No Breakfast Menu:** Regular menu available from 10:30 AM opening
- **Customization King:** Mix flavors, add toppings, create your perfect meal
- **Secret Menu:** Creative combinations - ask staff for recommendations
- **Cook Out Sauce:** Signature creamy, tangy sauce (similar to Thousand Island + BBQ)
- **Community Focus:** Sponsors local events, supports charities
- **Employment:** Always hiring - competitive pay, flexible hours, meal discounts

Note: Prices may vary by location and are subject to change. Nutritional information is approximate. For the most accurate pricing and availability, please contact your local Cook Out location. Cross-contamination is possible with allergens. This menu is updated as of February 2026.

Source: thecookout-menu.com - Your complete guide to Cook Out menu with prices!